



ENTRY FORM | RUN FOR THE HOUSE 2019

Online registration is also available at www.rmhmm.org

Please use a separate form for each

NAME _____

Phone _____

Email address _____

Birth day _____

Age as of March 23, 2019 _____

Address _____

City _____

State _____

Zip code _____

Male

Female

NO DOGS ALLOWED ON RACE DAY.

ENTRY FEES Select race type.				5K <input type="checkbox"/> RACE SCORED FOR RACE SERIES	10K <input type="checkbox"/>	KIDS MILE & SPRINT <input type="checkbox"/> Kids 5 years old and younger are free					
ENTRY TIME	ADULT	KIDS 6-12 yrs	SHIRT SIZE	ENTRY TIME	ADULT	KIDS 6-12 yrs	SHIRT SIZE	ENTRY TIME	KIDS 6-12 yrs	SHIRT SIZE	
Nov. - Jan. 31	\$30	\$10	_____	Nov. - Jan. 31	\$35	\$10	_____	Nov. - Jan. 31	\$10	_____	
Feb. 1 - March 23	\$35	\$10	_____	Feb. 1 - March 23	\$40	\$10	_____	Feb. 1 - March 23	\$10	_____	
<i>No race shirt included after March 1.</i>				<i>No race shirt included after March 1.</i>				<i>No race shirt included after March 1.</i>			
Registration total									\$ _____		
Race shirt opt-out (if registration is completed before March 1)					-\$5		\$ -		_____		
2019 Run for the House Socks					\$10 a pair		\$ _____		_____		
Additional 2019 Run for the House Shirt (if registration is completed before March 1)					\$10/ Shirt size _____		\$ _____		_____		
									Additional donation \$ _____		
									TOTAL AMOUNT ENCLOSED \$ _____		

PAYMENT CREDIT CARD CHECK ENCLOSED

PLEASE MAKE CHECKS PAYABLE TO:

Ronald McDonald House of Mid-Michigan
c/o Run For The House
121 S. Holmes
Lansing, MI 48912

CARD NUMBER _____

Expiration date _____

CVV _____

Cardholder's signature _____

Date _____

Billing zip code _____

RACE WAIVER & RELEASE: I give my consent in consideration for the acceptance of this registration and for being permitted to participate in the 2019 Run for the House on March 23, 2019. I represent and warrant that I am a voluntary participant in this event, and am in good physical condition. I know that this event is strenuous and involves the potential for bodily injury and I hereby assume full and complete responsibility for any injury, loss or accident which may occur during my participation in this event or while on the premises of this event. I also hereby release and hold harmless and covenant not to file suit against Ronald McDonald House of Mid-Michigan and any of its affiliated entities, Ingham County, Meridian Township, the Greater Lansing Area Race Series, all other Race Sponsors and their agents and employees, and all other persons or entities associated with this event (the "Releasees") from any loss, liability or claims I may have arising out of my participation in this event. This includes personal injury or damages suffered by me or others, whether the same be caused by falls, contact with other participants, conditions of the course, negligence of the Releasees or otherwise to the full extent permitted by law. If signing as a parent or legal guardian of a participant, I certify that I am legally responsible for the participant and agree to adhere to all of the terms of this Waiver and Release. If I do not follow all the rules of this event, I understand that I may be removed from the competition. I give my full permission to Ronald McDonald House of Mid-Michigan, Meridian Township, Greater Lansing Area Race Series and all other Race Sponsors to use any photographs, videotapes, audiotapes or other recordings of me that are made during the course of this event. I understand that this Waiver and Release may be stored electronically and agree that a copy is authentic and admissible as evidence in any future dispute or proceeding.

SIGNATURE (LEGAL GUARDIAN, IF UNDER 18) _____

Date _____

SATURDAY, MARCH 23, 2019

SCHEDULE OF EVENTS

Race Day Registration

8:30 a.m.

Kids Mile & Sprint

9:30 a.m.

10K Run & 5K Run/Walk

10:00 a.m.

Kids Activities

9:30 a.m. until 12:00 p.m.

Or until race is complete.

PACKET PICKUP

Friday, March 22, 2019

11 a.m. - 8 p.m. at Playmakers
2299 W. Grand River Ave., Okemos, MI

Saturday, March 23, 2019

8:30 a.m. Delta Dental - Race Site
4100 Okemos Road, Okemos, MI

www.RMHmm.org

