

## Sloppy Joes II

Rated: ★★★★★

Prep Time: 10 Minutes

Ready In: 40 Minutes

Submitted By: Tamara

Cook Time: 30 Minutes

Servings: 6

"Ground beef, onion, green pepper, and ketchup are seasoned with garlic powder and sweetened with brown sugar to make this hearty meat filling. Serve on hamburger buns."

### INGREDIENTS:

1 pound lean ground beef	3/4 cup ketchup
1/4 cup chopped onion	3 teaspoons brown sugar
1/4 cup chopped green bell pepper	salt to taste
1/2 teaspoon garlic powder	ground black pepper to taste
1 teaspoon prepared yellow mustard	

### DIRECTIONS:

1. In a medium skillet over medium heat, brown the ground beef, onion, and green pepper; drain off liquids.
2. Stir in the garlic powder, mustard, ketchup, and brown sugar; mix thoroughly. Reduce heat, and simmer for 30 minutes. Season with salt and pepper.