

Oven-Roasted Italian Vegetables

Recipe provided by Jackson National Life Volunteers

Ingredients

1 ½ cups baby-cut carrots (8 oz)

1 ½ cups fresh whole mushrooms (4 oz)

2 medium onions, cut into 1-inch wedges (2 cups)

1 large red bell pepper, cut into 1-inch pieces (2 cups)

1 medium zucchini, cut lengthwise in half, then cut crosswise into 1-inch slices (1 cup)

3 small red potatoes cut into fourths (1 cup)

½ cup Italian dressing

Directions

Heat oven to 450 degrees.

Generously spray 15x10x1 inch pan with cooking spray.

In large bowl, toss vegetables with dressing.

Spread vegetables in single layer in pan.

Bake uncovered 30 minutes, stirring occasionally, until crisp-tender.